## CHS CHEER Tryouts 2018 – General Info

- Clinic and tryouts will begin promptly at 11am
  - For clinic, please wear cheer shorts, a t-shirt and cheer shoes with hair up and away from the face.
  - For tryouts, please wear plain dark shorts, a PLAIN white tshirt, cheer shoes with hair up and away from the face. Bows are recommended.
  - Those chosen for a team should be prepared to attend practices during the month of August before school begins. No vacation will be approved.
  - Tumbling score during tryouts, candidates will be asked to display tumbling skills. These skills will be scored and these scores will be added to the candidate's final score. Not tumbling does NOT lower your score. No score will be given to any skill less than a back handspring.
  - If you are chosen for a team, there will be a mandatory parent/athlete meeting on August 2<sup>nd</sup> at 6pm at the school.
  - In order to participate in summer workouts, there must be an updated physical on file with the trainer, along with the insurance waiver.
  - All other forms need to be returned to me on the first day of clinic.